

MENU WEEK 1

MONDAY

Boiled Gammon
or
Vegetarian Meatballs
Roast Potatoes
Vegetables & Gravy

Semolina & Fruit
Puree

Spaghetti with
Homemade Tomato
Sauce

Gingerbread

TUESDAY

Salmon & Pasta
or
Cheesy Broccoli Pasta
Vegetables

Apple Crumble
Natural Yoghurt

Sandwich Selection
Carrot & Cucumber
Batons

Carrot Cake

WEDNESDAY

Chickpea & Butternut
Squash Curry
Rice & Vegetables

Banana & Custard

Cheese, Beans &
Potato Bake

Cherry Buns

THURSDAY

Chicken Pie
or
Quorn Pieces Pie
Mashed Potatoes
Seasonal Vegetables

Lemon Sponge &
Yoghurt

Ploughman's Supper
& Vegetable Sticks

Mini Fruit
Cheesecakes

FRIDAY

Chilli-Con-Carne
or
Quorn Chilli-Con-
Carne
Rice
Vegetables

Raisin Slice &
Crème Fraiche

Sausages
or
Vegetarian Sausages
& Beans

Rice Crispie Cakes
with Raisins

MENU WEEK 2

MONDAY

Salmon & Broccoli
Pasta
or
Cheesy Broccoli
Pasta

Seasonal Vegetables

Apple Pie & Crème
Fraiche

Marmite & Cheese
Welsh Rarebit

Flapjack

TUESDAY

Roast Beef
or
Vegetarian Meatballs
Roast Potatoes
Seasonal Vegetables

Summer Berry
Sponge & Yoghurt

Savoury Rice

Shortbread

WEDNESDAY

Macaroni Cheese &
Vegetables

Mini Fruit
Cheesecakes &
Crème Fraiche

French Bread Pizzas
& Vegetable Sticks

Fairy Cakes

THURSDAY

Sausagemeat Pie
or
Vegetarian Sausages
Mashed Potatoes
Vegetables

Bananarama Yoghurt

Tuna Pasta Salad
or
Cheesy Pasta Salad

Lemon Drizzle Cake

FRIDAY

Caribbean Chicken
Curry
or
Chickpea Curry
Rice
Vegetables

Fruit Fool

Jacket Potato,
Baked Beans &
Cheese

Farmhouse Cookies

MENU WEEK 3

MONDAY

Sausage & Mixed
Bean Stew
or
White Bean Stew
Boiled Potatoes
Seasonal Vegetables

Rice Pudding & Fruit
Puree

Sandwiches, Carrot &
Cucumber Batons

Flapjack

TUESDAY

Beef Goulash
or
Quorn Goulash with
Cous Cous
Seasonal Vegetables

Apple Pie & Crème
Fraiche

Tomato & Basil Soup
Crusty Roll

Carrot Cake

WEDNESDAY

Roast Chicken
or
Quorn Fillet
Roast Potatoes
Vegetables & Gravy

Spotted Dick &
Yoghurt

Marmite Whirls,
Carrot & Cucumber
Batons

Rice Krispie Cakes

THURSDAY

Vegetarian Spaghetti
Bolognaise
Seasonal Vegetables

Peach & Apple
Crumble & Crème
Fraiche

Cowboy Pie

Banana Cake

FRIDAY

Tuna & Potato Pie
or
Cheesy Potato Pie
Seasonal Vegetables

Fruit Sponge & Greek
Yoghurt

Spaghetti, Tomato
Sauce & Cheese

Rock Cakes

MENU WEEK 4

MONDAY

Fish Pie
or
Cheesy Bean Pie
Seasonal Vegetables

Mini Fruit
Cheesecakes

Pinwheels &
Vegetable Batons

Gingerbread

TUESDAY

Italian Chicken
or
White Beans
Rice
Seasonal Vegetables

Peach & Apple
Crumble & Greek
Yoghurt

Cocktails Sausages
or
Vegetarian Sausages
Baked Beans

Flapjack

WEDNESDAY

Cottage Pie
or
Quorn Mince Pie
Seasonal Vegetables

Summer Berry
Sponge & Crème
Fraiche

Noodles & Stir Fry

Rice Krispie Cakes

THURSDAY

Roast Pork
or
Quorn Fillet
Roast Potatoes
Vegetables & Gravy

Banana & Yoghurt

Cheesy Scones &
Vegetable Sticks

Raisin Buns

FRIDAY

Vegetable & Pasta
Bake
Seasonal Vegetables

Rice Pudding &
Fruit Puree

Ploughman's Supper

Shortbread

MENU WEEK 5

MONDAY

Cauliflower Cheese
Pastry Pie
Creamed Potatoes
Vegetables

Pineapple Upside
Down Pudding
Natural Yoghurt

Pasta & Tomato
Sauce

Melting Moments

TUESDAY

Sweet & Sour
Chicken
or
Sweet & Sour Quorn
Pieces
Rice
Vegetables

Apple Crumble &
Custard

Savoury Wraps

Ginger Cake

WEDNESDAY

Vegetarian Lentil
Lasagne
Seasonal Vegetables

Semolina

Fish Fingers
or
Vegetable Fingers
Mixed Vegetables

Home-Made Muesli
Bars

THURSDAY

Cod Mornay
or
Vegetable Mornay
New Potatoes
Vegetables

Oaty Slice & Greek
Yoghurt

Creamy Tomato &
Lentil Soup
Brown Bread &
Butter

Fresh Fruit Tarts

FRIDAY

Roast Turkey
or
Quorn Fillet
Roast Potatoes
Vegetables

Bananarama

Mini Quiches

Farmhouse Biscuits