

MENU WEEK 1

MONDAY

LUNCH TIME

Boiled Gammon or Vegetarian Meatballs, Vegetables & Gravy



Semolina & Fruit Puree



TEA TIME

Spaghetti with Homemade Tomato Sauce



Gingerbread



TUESDAY

LUNCH TIME

Salmon & Pasta or Cheesy Broccoli Pasta, Vegetables



Apple Crumble, Natural Yoghurt



TEA TIME

Sandwiches, Carrot & Cucumber Batons



Carrot Cake



WEDNESDAY

LUNCH TIME

Chickpea & Butternut Squash Curry, Rice, Vegetables



Banana & Custard



TEA TIME

Cheese, Beans & Potato Bake



Cherry Buns



THURSDAY

LUNCH TIME

Chicken Pie or Quorn Pieces Pie, Mashed Potatoes, Seasonal Vegetables



Lemon Sponge & Yoghurt



TEA TIME

Ploughman's Supper & Vegetable Sticks



Mini Fruit Cheesecakes



FRIDAY

LUNCH TIME

Chilli-Con-Carne or Quorn Chilli-Con-Carne, Rice Vegetables



Raisin Slice & Crème Fraiche



TEA TIME

Sausages or Vegetarian Sausages & Beans



Rice Crispie Cakes with Raisins



MENU WEEK 2

MONDAY

LUNCH TIME

Salmon & Broccoli Pasta
or Cheesy Broccoli Pasta,
Seasonal Vegetables



Apple Pie & Crème Fraiche



TEA TIME

Marmite &
Cheese Welsh
Rarebit



Flapjack



TUESDAY

LUNCH TIME

Roast Beef or Vegetarian
Meatballs, Roast Potatoes,
Seasonal Vegetables, Gravy



Summer Berry Sponge
& Yoghurt



TEA TIME

Savoury Rice



Shortbread



WEDNESDAY

LUNCH TIME

Macaroni Cheese
& Vegetables



Mini Fruit Cheesecakes



TEA TIME

French Bread Pizzas
& Vegetable Sticks



Fairy Cakes



THURSDAY

LUNCH TIME

Sausagemeat Pie or
Vegetarian Sausages,
Mashed Potatoes,
Vegetables



Bananarama Yoghurt



TEA TIME

Tuna Pasta Salad
or Cheesy Pasta
Salad



Lemon Drizzle
Cake



FRIDAY

LUNCH TIME

Caribbean Chicken Curry
or Chickpea Curry, Rice
Vegetables



Fruit Fool



TEA TIME

Jacket Potato, Baked
Beans & Cheese



Farmhouse Cookies



MENU WEEK 3

MONDAY

LUNCH TIME

Sausage & Mixed Bean Stew or White Bean Stew, Boiled Potatoes,



Rice Pudding & Fruit Puree



TEA TIME

Sandwiches, Carrot & Cucumber Batons



Flapjack



TUESDAY

LUNCH TIME

Beef Goulash or Quorn Goulash with Cous Cous, Seasonal Vegetables



Apple Pie & Crème Fraiche



TEA TIME

Tomato & Basil Soup, Crusty Roll



Carrot Cake



WEDNESDAY

LUNCH TIME

Roast Chicken or Quorn Fillet, Roast Potatoes, Vegetables & Gravy



Spotted Dick & Yoghurt



TEA TIME

Marmite Whirls, Carrot & Cucumber Batons



Rice Krispie Cakes



THURSDAY

LUNCH TIME

Vegetarian Spaghetti Bolognese, Seasonal Vegetables



Peach & Apple Crumble, Crème Fraiche



TEA TIME

Cowboy Pie



Banana Cake



FRIDAY

LUNCH TIME

Tuna & Potato Pie or Cheesy Potato Pie, Seasonal Vegetables



Fruit Sponge & Greek Yoghurt



TEA TIME

Spaghetti, Tomato Sauce & Cheese



Rock Cakes



MENU WEEK 4

MONDAY

LUNCH TIME

Fish Pie or Cheesy Bean Pie
Seasonal Vegetables



Mini Fruit Cheesecakes



TEA TIME

Pinwheels & Vegetable Batons



Gingerbread



TUESDAY

LUNCH TIME

Italian Chicken or White Beans, Seasonal Vegetables



Peach & Apple Crumble & Greek Yoghurt



TEA TIME

Cocktail Sausages or Vegetarian Sausages



Flapjack



WEDNESDAY

LUNCH TIME

Cottage Pie or Quorn Mince Pie, Seasonal Vegetables



Summer Berry Sponge & Crème Fraiche



TEA TIME

Noodles & Stir Fry



Rice Krispie Cakes



THURSDAY

LUNCH TIME

Roast Pork or Quorn Fillet, New Potatoes, Vegetables & Gravy



Banana & Yoghurt



TEA TIME

Cheesy Scones & Vegetable Sticks



Raisin Buns



FRIDAY

LUNCH TIME

Vegetable & Pasta Bake, Vegetables



Rice Pudding & Fruit Puree



TEA TIME

Ploughman's Supper



Shortbread



MENU WEEK 5

MONDAY

LUNCH TIME

Cauliflower Cheese Pastry Pie, Creamed Potatoes, Vegetables



Pineapple Upside Down Pudding, Natural Yoghurt



TEA TIME

Pasta & Tomato Sauce



Melting Moments



TUESDAY

LUNCH TIME

Sweet & Sour Chicken or Sweet & Sour Quorn Pieces, Rice, Vegetables



Apple Crumble & Crème Fraiche / Yoghurt



TEA TIME

Savoury Wraps



Ginger Cake



WEDNESDAY

LUNCH TIME

Vegetarian Lentil Lasagne, Seasonal Vegetables



Semolina



TEA TIME

Fish Fingers or Vegetable Fingers, Mixed Vegetables



Home-Made Muesli Bars



THURSDAY

LUNCH TIME

Cod Mornay or Vegetable Mornay, New Potatoes, Vegetables



Oaty Slice & Greek Yoghurt



TEA TIME

Creamy Tomato & Lentil Soup, Brown Bread & Butter



Fresh Fruit Tarts



FRIDAY

LUNCH TIME

Roast Turkey or Quorn Fillet, Roast Potatoes, Vegetables, Gravy



Bananarama



TEA TIME

Mini Quiches



Farmhouse Biscuits

